# DECISION ANALYSIS USING VIRTUAL FIRST-RUN STUDY OF A VISCOUS DAMPING WALL SYSTEM

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#### ABSTRACT

Although Building Information Modeling (BIM) practices such as 3D modeling, 4D simulation, clash detection, model-based analysis, model-based scheduling and estimating have been widely utilized by the A/E/C industry, there is insufficient guidance on the application of BIM to assist the team in integrating product design and process design to meet target value in an Integrated Project Delivery (IPD) environment. This paper investigates the possibility of performing a virtual first-run study (VFRS) during a project's design phase. VFRS is a first-run study carried out in a virtual environment, where objects of study are created in a computer model in three dimensions, and those objects are linked to process and resource data to represent the process of construction.

The paper describes a case study of employing VFRS, process mapping, and Choosing By Advantages to choose a method for the installation of Viscous Damping Walls at the Cathedral Hill Hospital Project in San Francisco. The paper concludes by proposing an integrated framework for the efficient application of VFRS to support project teams on constructability review, construction planning, and operation design.

#### **KEY WORDS**

Virtual first-run study (vfrs), bim, work structuring, choosing by advantages.

#### **INTRODUCTION**

Researchers have analyzed the effectiveness of 4D models on different areas of design and construction. For example, Hartmann and Fischer (2007) evaluated the use of 4D models for constructability review. Kamat and Martinez (2001) and Li et al. (2008) evaluated the application of 4D models on planning construction operations. Akinci et al. (2002) studied the use of 4D models for planning work space and site logistics. However, with the integrated project delivery approach in a Lean Project Delivery System, the cross-functional project team needs a framework on how to structure coordination meetings that take full advantage of 4D simulation. The challenge is to incorporate innovative ideas generated from the meeting to both product design and

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process design in order to streamline fabrication, logistics, and construction/installation processes.

The objective of this study is to investigate the possibility of performing a firstrun study in a virtual environment during a project's design phase. A researcher of the Project Production Systems Laboratory (P<sup>2</sup>SL), who is the first author of this paper, worked for one year as a member of Virtual Design and Construction team at the Cathedral Hill Hospital Project (CHH) to help establish a framework for introducing 4D models to facilitate supply chain coordination meetings. This researcher became part of the project team, collecting data through observations, interviews, and document analysis while participating in the implementation of the experiment and helping make adjustments to the experimental process. This paper presents a VFRS framework established by the team and its application in a Viscous Damping Wall (VDW) case study. The installation of VDWs required coordination of multiple specialty contractors (trade partners), such as the Structural Engineer of Record (SEOR), VDW fabricator, shipping company, hoisting subcontractor, and steel structure supplier. The VDW presented a coordination challenge for logistics and field operations thus the Integrated Project Delivery (IPD) team at the CHH project wanted to further explore different methods for their installation. A detailed description of the implementation of VFRS to evaluate installation alternatives of VDW is provided to illustrate its effectiveness. As a result of this study, the structural cluster team has successfully coordinated companies across the VDW supply chain and incorporated their innovative ideas in the evaluation and selection of a VDW installation process.

## BACKGROUND

#### CATHEDRAL HILL HOSPITAL (CHH) PROJECT

CHH is a new Acute Care and Women's and Children's hospital in San Francisco, California. The owner is the California Pacific Medical Center (CPMC), an affiliate of Sutter Health. The project is budgeted at \$1.7 billion with 912,000 building gross square feet. Design of the CHH began in 2007 and the project is expected to be completed by 2015. At the time of this publication, the project was in its preconstruction phase.

To support lean thinking, the CPMC team developed its own relational contract called Integrated Form of Agreement (IFOA) (Lichtig 2005). The IFOA created the contractual and financial framework to facilitate the effective collaboration between architects, engineers, specialty contractors, and supply chain members. According to this agreement, all costs such as labor, overhead, materials, and purchased equipment will be reimbursed at actual cost. Profit is a negotiated lump sum and to be paid per schedule. The owner jointly with all other key members on the IPD team put a certain portion of their fee into a shared risk pool. The shared risk pool is paid to IPD team members if the project cost is less than or equal to the Estimated Maximum Price (EMP) (aka. allowable cost). If project cost exceeds the EMP, the shared risk pool will be used to repay the owner. IPD team members will not be liable to the owner for damages, claims, expenses and/or liabilities in excess of the total amount deposited in the IPD Team shared risk pool account. With this arrangement, Sutter has removed all but a small quantified amount of risk from the project for IPD team members (IPDT 2007). This brings the freedom for team members to collaborate and focus their effort in maximizing overall values of the project instead of trying to optimize their own

operations. During the design phase, team collaboration efforts were orchestrated through a Target Value Design process.

## TARGET VALUE DESIGN (TVD)

Target Value Design (TVD) is a broadened concept of Target Costing (Ballard 2006). TVD encompasses key principles including: target costing, work structuring, setbased design, collaboration, and collocation (Macomber et al. 2007). The aim of TVD is to maximize value generation while remaining within the allowable budget. With the focus on "value", TVD covers additional design criteria beyond cost, including constructability, time, process design, design collaboration, etc. (Lichtig 2005). The IPD team at CHH project specified target value from the project definition phase. The target value included both target cost and project goals that are to be achieved within the target cost. TVD spans from project definition phase to design phase and it help steer design team to meet established design criteria. This effort may result in shifting costs from the construction phase to the design phase, or between target cost categories (Lostuvali et al. 2009).

To implement the TVD process, cross-functional teams (clusters) of designers and specialty contractors (trade partners) met on a weekly basis to coordinate the design of major building components and systems. Continuous value analysis and cost updates took place within the cross-functional teams for monitoring estimated costs against target costs. For components or systems which pose potential challenges to fabrication, logistics, or installation, such as the VDW system in this case study, the team needed to organize design and construction coordination meeting to address supply chain issues and identify an optimum integration of a product and process design alternatives that meet specified value targets.

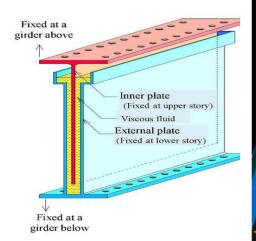


Figure 1: Viscous Damping Wall

Courtesy

of

(In

Dynamic Isolation System, Inc.)

Composition

## Viscous Damping Wall (VDW)

Figure 2: A 3D Rendering of A VDW on Structural Steel. Captions: (1) and (2) Columns; (3) Lower Girder; (4) Upper Girder; (5) VDW; (6) T Shaped Steel to Connect Girders and the VDW.

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A VDW consists of an inner steel plate connected to an upper floor, a steel tank connected to a lower floor, and viscous fluid in the gap between them as shown in

Figure 1. During seismic excitation, the relative floor movement causes the inner steel plate to move inside the viscous fluid. The damping force from the shearing action of the fluid is dependent on the displacement and velocity of the relative motion. VDWs are used to reduce seismic accelerations and wind induced vibration. Although they have been widely used in Japan, to our knowledge CHH is the first project in the United States to use VDW system. The VDW system was selected because it provides better performance when compared to a conventional steel moment resisting system (Parrish et al. 2008). VDWs are connected to the frame along the base and top of the damping wall unit, distributing the seismic forces more evenly to the structure through a longer connection. VDWs help reduce the inter-story lateral floor movements and seismic accelerations, thereby reducing the overall quantity of structural steel required to resist such movements if using a conventional steel moment resisting frame. CHH will comprise 155 units of VDWs in the current structural design, standardized to three different sizes of 7'x 9', 7'x 10', and 7'x 12' to match with different floor to floor heights.

## VIRTUAL FIRST-RUN STUDY (VFRS)

In a conventional project management characterized by decomposition (i.e., using WBS), designers often leave interface resolution, such as dealing with issues of scope gap and scope overlap, to the builders (Tsao et al. 2004). While the design of each part may appear to be reasonable and logical upon inspection, the design of the overall assembly may actually be far from optimal. The uncertainties and errors created during design may prove to be detrimental to performance during installation (Tommelein et al. 1999). Ballard (1999) and Ballard et al. (2001) introduced work structuring principles to integrate product design and process design. Work structuring is defined as "the development of operation and process design in alignment with product design, the structure of supply chains, the allocation of resources, and design-for-assembly efforts with the goal of making work flow more reliable and quick while delivering value to the customer" (Ballard 2000).

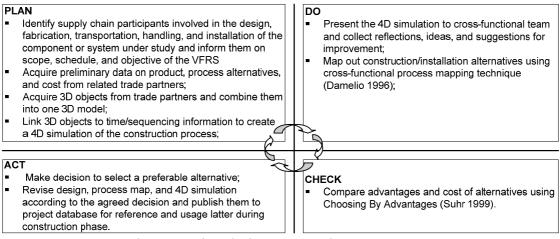


Figure 3: Virtual First Run Study WORK FLOW

Ballard and Howell (1997) recommended the adaptation and use of Plan - Do - Check - Act (PDCA) cycle to study first runs of major operations during construction phase. According to the Lean Construction Institute (LCI 2008), a first-run study is a "trial execution of a process in order to determine the best means, methods,

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sequencing, etc. to perform it". This paper investigates the possibility of performing virtual first-run study (VFRS) early on during design phase. VFRS is defined as a first-run study carried out in a virtual environment, where objects of study are virtually created in three dimensions and those objects are linked to scheduling information to represent the sequence of construction. While first-run study helps with process design during construction phase, VFRS is intended to help integrate product and process design during design phase. Figure 3 illustrates the VFRS work flow experimented in this case study.

#### **IDENTIFYING PARTICIPANTS**

Participants of the VFRS included representatives of companies involved in the design, fabrication, and installation of VDWs: Degenkolb Engineers (Structural Engineering), Dynamic Isolation Systems (DIS), Inc. (Design and fabrication of VDWs), Herrick Steel, Inc.: (Fabrication and installation of structural steel), Charles Pankow Builders, Ltd. (Concrete works), and HerreroBoldt (General Contractor).

## **VDW INSTALLATION ALTERNATIVES**

The following descriptions of VDW installation alternatives refer to Figure 2. At the factory, the inner plate and the external plate of a VDW are temporarily attached so that the height of the VDW unit is shorter than the distance between the surfaces of the T shaped steel (6). The VDW is then filled with viscous fluid and transported to a storage area. By researching the installation of VDWs in construction projects in Japan, structural cluster figured out three alternatives as summarised in Table 1.

Alternative 1	Alternative 2	Alternative 3
Pre-bolting	Inserting	Sequential Installation
<ul> <li>Erect columns (1) and (2)</li> <li>Bolt VDW (5) to upper girder</li> <li>(4) on ground</li> <li>Lift and install the upper girder</li> <li>(with VDW unit) to columns</li> <li>Detach inner plate and external plate</li> <li>Bolt external plate to lower girder (3)</li> </ul>	<ul> <li>Erect columns (1) and (2)</li> <li>Erect upper girder (4)</li> <li>Lift and insert VDW unit to the gap between lower and upper girders</li> <li>Bolt VDW to lower girder (3)</li> <li>Detach inner plate and external plate</li> <li>Bolt inner plate to upper girder (4)</li> </ul>	<ul> <li>Erect columns (1) and (2)</li> <li>Lift and bolt the VDW (5) unit on lower girder (3)</li> <li>Erect upper girder (4)</li> <li>Detach inner plate and external plate</li> <li>Bolt inner plate to upper girder (4)</li> </ul>

Table 1: VDW Installation Alternatives

Alternative 1- Pre-bolting: After the lower girder (3) is in place, VDWs are shipped to the jobsite. An upper girder (4) is slowly set down on the top surface of a VDW (5) and these are bolted together. The upper girder and VDW unit are lifted up with a crane and attached to the building structure. Since the inner plate and external plate of the VDW are temporary combined with a clearance designed to be smaller than the actual clearance needed to reach the surface of the lower girder, a gap of about  $1 \frac{1}{2}$ " remains between the bottom of a VDW and the surface of the lower girder. This leaves enough clearance to install the upper girder. It is necessary to de-attach the inner plate and the external plate; the external plate lowers slowly under the resistance of viscous fluid, which enable a precise installation of the external plate.

Alternative 2- Inserting: After columns (1) and (2), lower girder (3), and upper girder (4) are in place, the VDW will be inserted to the gap between lower and upper girders

and bolted to the lower girder (3). The inner and the external plates of VDW unit are detached so that the inner plate could be lifted up gradually while it is bolted to the upper girder (4).

*Alternative 3- Sequential installation:* After columns (1) and (2) and the lower girder (3) are in place, the VDW (5) will be installed on the lower girder. Then the upper girder (4) will be erected. The inner and external plates of the VDW are detached so that the inner plate can be lifted up gradually while it is bolting to the upper girder (4).

Category	<b>Issues/questions</b>	Suggestions/solutions			
Constructability	Large dimension and density of bolts may prevent access for bolt tightening tools	Revise design to reduce diameter of bolts and/or reduce number of bolts. Test new bolts patent and diameter on a mock up			
	T shaped steel with 10" in depth may not give enough room for bolt tightening tools	Raise the height of T shaped steel			
	Lost access to bolts after pouring concrete	Raise the height of T shaped steel			
	Stiffeners under T shaped steel may prevent tool access	Structural engineer to review positions of stiffeners. Consider horizontal bolting.			
Site logistics	Two trucks may cause traffic congestion on the street. Possible delay if VDW truck fail to come in time	VDW to be transported to Herrick shop and Herrick will transport columns, girders and VDW together on one truck to the site			
	Multiple lifts of VDW in windy condition	Ship VDWs in a rack and lift the whole rack to installation area.			
	Site constraints	No storage area			
Transportation	How many VDWs per truck?	Three for 7'x12', Four for 7'x9' and 7'x10'			
	Must VDW be kept strictly vertical at all time?	May swing up to 40 degree in a short time, keep vertical during transportation			
	Duration of transportation from manufacturing facility to site	From four to five hours			
Fabrication	Procuring of key materials	Viscous fluid imported from Japan and steel from US steel mill			
	Material lead time	DIS needs two months since procuring materials to start production			
	Production rate	Three VDW units per week			
	Storage capacity at fabricator	Up to 155 VDW units			
	Shipping schedule	Three units/week. Max 10 units/week.			
Installation	Rate of installation	Three units/day for alternative 1			
		Up to ten units/day for alternative 3			
	Installation schedule	Alternative 1: Need close coordination with structure erection sequence. Alternative 3: Less coordination needed.			
	Equipment for site installation	Tower crane, bolt tightening tools			
	Labor	A crew of six worker			
	Impacts of different sizes of VDW on installation	No significant impact			

Table 2: VFRS Discussion Outcomes

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#### ACQUIRE 3D OBJECTS AND SIMULATE VDW INSTALLATION ALTERNATIVES

Degenkolb used Autodesk Revit Structure 2009 to model the structural steel in 3D, including the VDWs. A modeller then converted this Revit model to Navisworks Manage 2009 file format. 3D models of a tower crane and trucks were appended to allow the simulation of transportation and site equipment operations. The modeller performed 4D sequencing using Navisworks' Animator and Timeliner tools. The Animator allows simulating and capturing movements of objects in 3D space. The Timeliner allows 4D sequencing by connecting 3D objects to scheduling information so that objects will appear according to scheduled activities. The simulation shows the sequence of installation for all three mentioned alternatives. Truck movement and tower crane operations are also simulated to motivate discussion on transportation schedules and site logistics.

#### PRESENT the 4D SIMULATIONS to Cross-Functional Team

4D simulations of installation alternatives were presented to the team. Table 2 summarizes key issues and questions raised by the team and solutions suggested. These fall in five categories: constructability, fabrication, transportation, site logistics, and installation. As the result of the discussion, the team came up with another alternative (alternative 4) which was similar to alternative 1 but instead of shipping VDW directly from the fabrication shop (DIS) to the site, VDW will be transported to structural steel fabrication shop (Herrick) and then loaded on the same truck with adjacent columns and girders to be transported to construction site.

#### PROCESS MAPPING

Process Mapping is a management tool for understanding how value is delivered; it captures knowledge about processes and then represents that knowledge using generally accepted signs such as boxes and arrows (Adams, 2000). One benefit of process mapping is that it shows coordination processes across organizations. A cross-functional process mapping technique (Damelio 1996) was used to map major steps of design, fabrication, transportation, and site installation of VDWs (Figure 4).

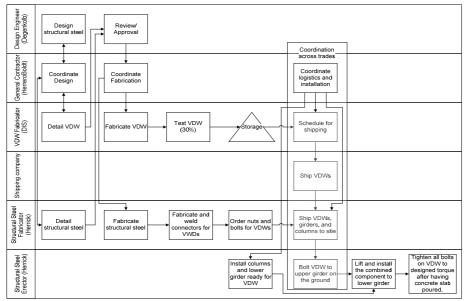


Figure 4: Process Map of Installation Alternative 4

LEGEND	Alternative 1		Alternative 2		Alternative 3		Alternative 4		
Underline Least Preferred Attribute Yellow cell = most important Advantage	Pre-bolting		Inserting		Sequencial installa	tion	Pre-bolting		
in Factor	VDW shipped directly to site						VDW shipped to Herrick s	shop	
Installation Cost	\$ 356,500		\$ 463,450		\$ 320,850		\$ 356,500		
Storage cost			\$ 25,000		\$ 20,000		\$ -		
Transportation cost	\$ 108,500		\$ 93,500		\$ 93,500		\$ 130,200		
TOTAL	\$ 465,000		\$ 581,950		\$ 434,350		\$ 486,700		
Factor: Interference	Interferes with the	1	Could install a large		Could install a		Interferes with structural		
Criteria: Cause work stoppage/	structural steel installation		batch of VDWs after		batch of VDWs		steel installation activity.		
interference/ productivity losses	activity. Steel workers		finishing structural		after finishing		Steel workers and tower		
to related activities or other trade			steel of one floor or		structural steel of		crane need to shift		
partners. Less is better.	shift between structural		more		one floor level		between structural steel		
Attribute:	<u></u>						and VDW		
Advantage:	!	0	Much less	50	Less interference	41	!		
			interference						
Factor: Reliability	This method is used	ļ	Rarely used.		This method is		This method is used		
Criteria: Assure reliability of the	widely in Japan. Very		Tolerance may be a		used in Japan.		widely in Japan. Very		
method. More is better.	good for handling		problem.		Tolerance may be		good for handling		
Attribute:	tolerance issues				a problem		tolerance issues		
Advantage:	Widen more reliability	90	!	0	More reliability	72	Much more reliability	9	
Factor: Coordination effort	Tight coordination needed		VDWs could arrive		VDWs could arrive		VDWs shipped to		
between trades.	between DIS, shipping		after finishing		after finishing		Herrick fabrication shop		
Criteria: Reduce the coordination	companies, and Herrick		installation of		installation of		and then shipped to site		
effort required between trades.	for just-in-time delivery of		structural steel on		structural steel on a		with columns and girders		
Less is better.	columns, girders, and		one or several level		portion of one level				
Attribute:	<u>VDWs</u>	L							
Advantage:	1	0	Much less	65	Less coordination	55	Less coordination	5	
			coordination					_	
Factor: Street congestion	Two trucks on street		One truck at a time,		One truck at a time,		One truck on street		
Criteria: Less is better. Attribute:	during installation		unload quickly		unload quickly		during installation		
Advantage:		0	Much less	70	Much less	70	Much less congestion	7(	
Advantage.	1	0	congestion	70	congestion	70	Much less congestion	7	
Factor: Tower crane usage	May need one lift for	-	Could lift a rack		Could lift a rack		May need one lift for		
Criteria: Reduce occupancy of	every combined		contaning three to		contaning three to		every combined		
tower crane or other handling	VDW+upper girder		four VDWs and		four VDWs and		VDW+upper girder		
equipments. Less is better			place it on structural		place it on				
Attribute:			steel		structural steel				
Advantage:	!	0	Less crane usage	44	Less crane usage	44	!		
Factor: Temporary space	No temporary space		Need to temporary		Need to temporary		No temporary space		
Criteria: Minimize temporary	needed		place VDWs on		place VDWs on		needed		
space usage for VDW handling	noodou		structural steel		structural steel		noodou		
and movement. Less is better.									
Attribute:		l							
Advantage:		40	!	0	!	0	Much less temporary	4	
	space		All		All		space		
Factor: Labor safety	VDW and upper girder	1	All connection		All connection		VDW and upper girder		
<i>Criteria:</i> Assure safety for workers. More is better.	bolted on ground.		performed on structural steel		performed on structural steel		bolted on ground.		
WORKERS. MORE IS Detter. Attribute:			<u>structural steel</u>		<u>structural steel</u>				
Advantage:	Much more safe	60	!	0	!	0	Much more safe	6	
Factor: Ease of installation	The resistance of viscous		Given the large size		Need to tight up		The resistance of		
Criteria: Ease for worker's	fluid allow external plate		and weight of VDWs.		upper bolts in a		viscous fluid allow		
operations and equipment	of the VDW lowering		The team has not		certain sequence		external plate of the		
	down slowly, which		figured out exactly		for the inner plate		VDW lowering down		
					to raise up		slowly, which enable a		
operations during installation.	enable a precise		how the VDW could						
operations during installation. More is better			be inserted into the				precise installation of the		
operations during installation. More is better	enable a precise						precise installation of the external plate on lower		
operations during installation. More is better <i>Attribute:</i>	enable a precise installation of the external plate on lower girder.		be inserted into the gap between girders				precise installation of the external plate on lower		
operations during installation. More is better Attribute: Advantage	enable a precise installation of the external plate on lower girder. Much more ease of	100	be inserted into the gap between girders	0	More ease of		precise installation of the external plate on lower girder Much more ease of	10	
operations during installation. More is better Attribute: Advantage	enable a precise installation of the external plate on lower girder.		be inserted into the gap between girders !	0 <b>229</b>			precise installation of the external plate on lower	10	

Figure 5: Choosing	By J	Advantages Decision	Making (In	Courtesy of	CHH IPD	Team)
	- , -				•	

#### CHOOSING BY ADVANTAGES (CBA)

The IPD team at CHH project has been using the Choosing By Advantages Decisionmaking System (Suhr 1999) as the method for making decisions. The CBA system is based on several key principles including: "Decisions must be anchored to the relevant facts" and "Decisions must be based on the importance of advantages" (Suhr 1999). In CBA terminology, a *Factor* is a container of information and data. It contains the criteria, specific attributes of the alternatives and consequential advantages. A *Criterion* is a decision rule or guideline established by the decision maker. The priority of a criterion can be written as a must (mandatory) or a want (desirable). An *Attribute* is a characteristic, quality or consequence of one alternative. An *Advantage* is a beneficial difference between two attributes (Koga 2008).

Given various factors that need to be considered in selecting an installation option, the cross-functional team decided to use CBA to analyze advantages of the identified alternatives. Assuring safety, reliability, and ease of installation were determined as factors containing 'must' criteria. Minimizing unnecessary transportation, movement, temporary storage, and waiting for material, equipment, and labour were determined as factors containing 'want' criteria. By the time of submitting this paper, the CBA table has not been completed because data continues to be gathered and it is not the last responsible moment for this decision. The preliminary CBA results are presented in Figure 5. When the importance of the advantage, "Much more ease of installation" was weighed against the importance of the other advantages, it was deemed to be the paramount advantage. It was placed at the top of the importance scale in position 100. All other advantages were individually weighted by the team on the same scale of importance relative to the paramount advantage and one another. Alternative 2 would be eliminated since it does not pass the must criterion on 'ease of installation' factor. Alternative 1 would be rejected since it is about \$30,000 more expensive but has 67 units of importance less than alternative 3. Although alternative 4 costs about \$52,000 more than alternative 3, it ranked highest, in terms of total importance of advantages, at 415. In addition, it is better than alternative 3 in all three 'must' criteria. The team may decide to select alternative 4 to install the VDW system if they would together decide that the total increment in the total importance of advantages outweighs the increment in cost, or vice-versa.

## **RECOMMENDED WORK FLOW FOR VFRS**

A VFRS work flow as illustrated in Figure 3 is recommended for future supply chain coordination meetings at CHH project. Right from the design development phase, an integrated team of designers, engineers and specialty contractors could perform a VFRS of construction processes to understand the impact of design decisions on coordination, logistics, and construction/installation processes. Specialty contractors examine operations in virtual environments and bring their experience and ideas to investigate alternative ways of doing the work or to suggest changes to design to improve constructability. In a VFRS, a 4D simulation helps cross-functional team generate ideas, communicate design and construction knowledge, evaluate advantages and costs of each alternative, and decide on a best alternative for work structuring.

## CONCLUSIONS

The present paper introduces a VFRS framework that helps generate an integrated product, process, and resource model to support design coordination, construction planning and operation design. The main components of the VFRS framework include 4D simulation, integrated team coordination meeting, process mapping, and CBA. While FRS helps with process design during construction phase, VFRS help integrate product and process design during design phase. Effectiveness of the VFRS framework was illustrated by a VDW case study of at CHH project. By visualizing construction processes to a project team, VFRS facilitates the coordination between specialists, assists look-ahead planning, and yields reliable estimates of manpower and process-related cost. Further research needs to aim at developing guidelines for

populating resource and cost data generated by VFRS to 3D objects to facilitate construction planning and control.

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